

Manitoba 

Annual Report 1989-90

**Alcoholism
Foundation
of Manitoba**





Minister of Health

Room 302
Legislative Building
Winnipeg, Manitoba, CANADA
R3C 0V8

His Honour George Johnson, M.D.
Lieutenant-Governor
Province of Manitoba

May It Please Your Honour:

I have the privilege of presenting herewith the Annual Report of the
Alcoholism Foundation of Manitoba for the fiscal year 1989/90.

Respectfully submitted,

Donald W. Orchard



ALCOHOLISM FOUNDATION OF MANITOBA

The Honourable Donald W. Orchard
Minister of Health
Winnipeg, Manitoba

Sir:

I have the honour of presenting herewith the Annual Report of the Alcoholism Foundation of Manitoba for the fiscal year 1989/90.

Sincerely,

James Toal
Chairman
Board of Governors

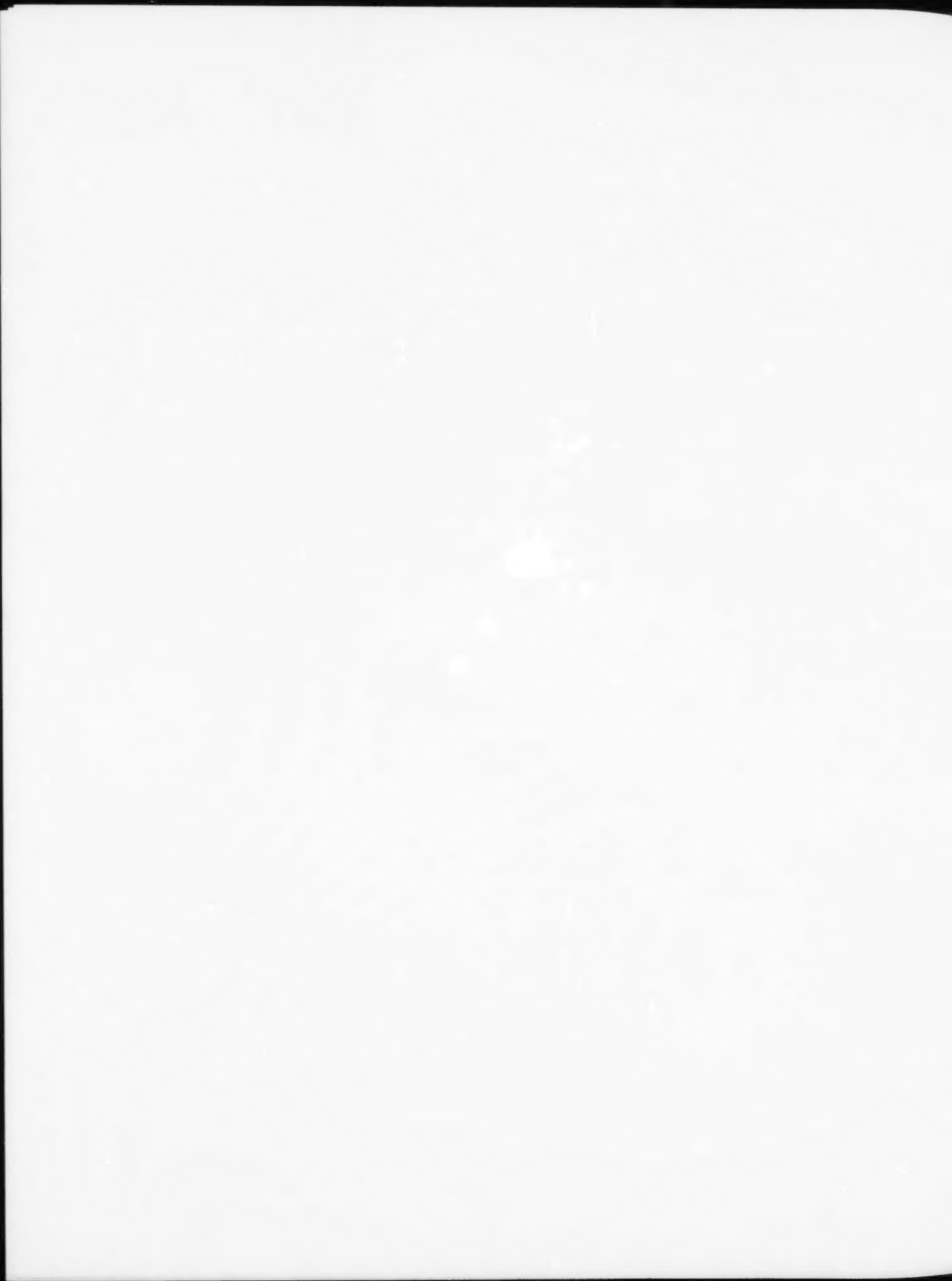


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THE ALCOHOLISM FOUNDATION OF MANITOBA MISSION AND ROLES STATEMENT

Corporate Mission Statement:

The Alcoholism Foundation of Manitoba is the provincial authority responsible for providing prevention and treatment programs related to chemical misuse and dependency to individuals and communities; and for conducting research into the negative effects of substance abuse; and in so doing, for promoting the health and well-being of Manitobans.

Corporate Roles:

AS A SERVICE PROVIDER -- The AFM conducts intervention, prevention, treatment, rehabilitation, research and evaluation programs, including public information, education and training services; and operates clinics, hospitals, centres and offices to deliver such programs.

AS A SPONSOR AND FUNDER -- The AFM enters into agreements with, and makes grants to, government and non-government agencies conducting activities consistent with the mission of the Foundation.

AS A LEADER -- The AFM provides expertise, encouragement and motivation to the community, government and non-government agencies in addressing the problems associated with chemical misuse and dependency; and thereby promotes the health, independence and potential of Manitobans.

Corporate Goals:

To influence attitudes of individuals, communities and policy makers towards resolving the problems of alcohol and drug abuse.

To increase non-residential and day treatment programs while maintaining a basic minimum level of institutionalized services.

To increase emphasis on prevention activities to reduce the misuse and abuse of alcohol and other drugs.

To train and educate professionals and para-professionals to assess, intervene and refer alcohol and drug abusers.

To provide youth treatment services in major centres throughout the province.

CHAIRMAN'S REMARKS

The past year was an eventful one for the addictions field in Manitoba as the Foundation continued its efforts to set future directions for addictions programming in the province, and ultimately, to provide improved services to Manitobans.

The prioritization of corporate goals to guide the direction and development of the Foundation's programming in the 1990s was completed. In support of the primary goal, "to influence attitudes of individuals, communities and policy-makers towards resolving the problems of alcohol and other drug abuse," the Drug and Alcohol Awareness and Information Directorate was established in January 1990. This Directorate will support and implement awareness programs, research, evaluation and general education activities to improve the understanding of alcohol and other drug use, abuse and dependency in Manitoba and in other jurisdictions.

To better provide treatment and prevention services for rural Manitobans, the Foundation will be building a new Residential Treatment Centre in Brandon, Manitoba. Construction of this facility, adjacent to the Brandon General Hospital, will be undertaken in the near future.

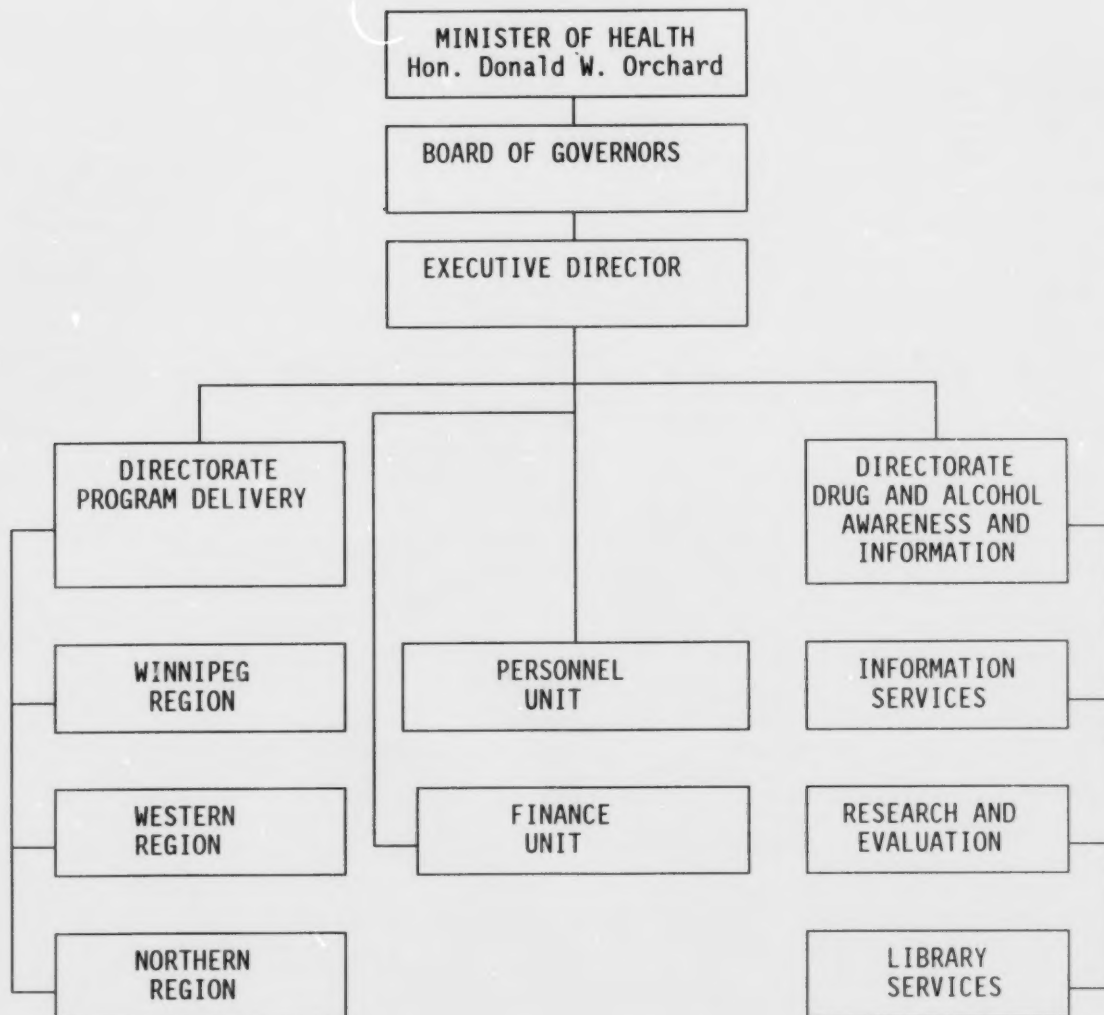
The Foundation continued its leadership role in the area of services for women by sponsoring a three-day conference: Women and Substance Abuse: Strategies for the Nineties in March 1990. The first of its kind in Western Canada, the conference was attended by 250 participants from across Canada. Participants were provided with extensive information on issues relating to the special problems of the chemically dependent woman.

On behalf of the Alcoholism Foundation of Manitoba Board of Governors, I want to take this opportunity to thank the Funded Agencies and the province's many self-help groups for the continued commitment to provide the province with a service network for addictions programming.

I also want to express my sincere appreciation to the Foundation's Board of Governors and staff, the Regional Advisory Board members, and the many volunteers and contributors throughout the Province for their ongoing support.

Judge Charles N. Rubin
Chairman
AFM Board of Governors

**THE ALCOHOLISM FOUNDATION OF MANITOBA
ORGANIZATION CHART**



(Reorganization January 1990)

THE ALCOHOLISM FOUNDATION OF MANITOBA
BOARD OF GOVERNORS
1989/90

Judge Charles N. Rubin
Chairperson
Winnipeg

Mr. George Rajotte*
Vice-Chairperson
Winnipeg

Mr. James Toal
Treasurer
Winnipeg

Mr. David Andreychuk
The Pas

Ms. Pam Dalkeith
Winnipeg

Mr. Jalmar Erickson
Ashern

Dr. Derek Fewer
Winnipeg

Mr. Bob Jenkins
Brandon

Mr. Elliot Leven
Winnipeg

Mrs. Jean Burgess
Brandon

Mr. Jim Sanders
Thompson

Ms. Georgina Schepp
Russell

Mrs. Janice Stow
Graysville

Mr. Henry Wilson
Thompson

Ms. Vicki Yakemishin
Dauphin

Mr. Ian J. Puchlik**
Executive Director
(Ex-Officio)

Mr. Tim Duprey***
Executive Director
(Ex-Officio)

*Term ended February 1989

**Resigned June 1989

***Acting July to November 1989

***As of November 1990

THE ALCOHOLISM FOUNDATION OF MANITOBA

SENIOR OFFICERS

Tim Duprey
Executive Director

Dr. Jerry Dragan
Director, Program Delivery

Dave Kennedy
Director, Drug and Alcohol
Awareness and Information

Randy Jakui
Finance Manager

Leslie Vincent
Personnel Manager

REGIONAL ADMINISTRATORS

Herb Thompson
Winnipeg Region

Marston Grindey
Western Region

Glen Gordon
Northern Region

PROGRAM DELIVERY DIRECTORATE

The Program Delivery Directorate provides treatment and prevention programs and services throughout Manitoba. Programs are delivered in residential settings, by community-based and itinerant staff, and through existing community organizations and associations. Specific Directorate activities support and contribute to the goals of the Foundation.

Directorate Highlights

The efforts of the **Ad-hoc Committee on Ethics** resulted in an updating of Ethical Guidelines for Foundation staff. These ethical standards and guidelines were developed with the assistance of staff province-wide and the Foundation solicitor. The document was developed to assist staff in dealing with the many and varied situations arising when working with clients.

The **Non-Residential Treatment Review** is the fourth phase of a multi-faceted examination of Foundation treatment program components. Its purpose was to identify and develop activities constituting the basic "core" of non-residential treatment for delivery from all AFM locations, including one-person offices. The resultant model is based on three phases - Phase I, the basic core specifically addressing substance abuse behaviour, Phase II, facilitates the achievement of the treatment objectives started in Phase I, and Phase III consists of aftercare sessions.

Priorities in **Prevention Services** were identified for the next three years, resulting in the approval and implementation of province-wide **Prevention Objectives** in December 1989. Staff throughout the province have assumed leadership for designing work plans and achieving the objectives, under the overall direction of the Provincial Prevention Committee.

The Foundation achieved a significant part of its staff training goal with the acceptance by the University of Manitoba of the AFM's proposal to expand the **Applied Counselling Certificate Program** to include an addiction studies specialty. The expanded program commenced September 1989 at the University of Manitoba and the School of Social Work in Thompson, and in January 1990 at the University of Brandon. All Foundation counsellor staff as of September 1989, will be attending the Certificate Program over a six-year period, and new counsellors will be enrolled at the time of hiring. An intensive five-day workshop for AFM supervisors was held in December 1989 to provide supervision consistent with the theoretical and practicum requirements of the counselling segments of the Certificate program.

Foundation staff are participating on the **Inter-Disciplinary Working Group on Alcohol and Other Drug Abuse** created under the aegis of Manitoba Education, to identify and describe policy, programs and services for the provision of adequate alcohol and drug programs and services within the public school system. Special concerns to be addressed are the proliferation of alcohol and drug awareness programs competing for limited time within the school curriculum, the increase of alcohol usage among adolescents, and the decreasing age among youth of drug experimentation and regular usage.

National Drug Awareness Week was proclaimed to draw Manitobans' attention to alcohol and other drug abuse problems, the resources available to deal with the problems, and alternatives to drug use. The 1989 Manitoba campaign was spearheaded by communities throughout the Province. The Foundation provided organizational and financial support to participating communities. Activities included school events, contests, speakers, drug-free parties and dances, balloons with messages, mall displays, information booths, newspaper articles, and service club involvement.

Disbursements (Unaudited)

Program Delivery Directorate	Actual 1989/90 \$	Estimate 1989/90 \$	Variance
	8,222,000	8,400,600	(\$178,600)

Note: This Directorate has a complement of 161.26 staff years.

WINNIPEG REGION

Winnipeg Region provides services to the Winnipeg, Central, Eastman and Interlake areas of Manitoba.

Treatment Services

Intake Unit

Clients referred to Winnipeg Region's treatment programs are channelled through the Intake Unit, which assesses the degree of a client's chemical use or dependency, and refers clients to appropriate helping resources such as a Foundation service, another alcohol and other drug abuse agency, or a self-help group.

Primary Care Unit

The 15-bed Primary Care Unit accepts clients in the later stages of withdrawal from alcohol or other drugs. The Unit ensures the safety of each client during withdrawal, prepares them for entry into a treatment program, and encourages and reinforces the motivation to pursue long-term recovery. Length of stay varies according to each individual, but averages three to four days in duration.

Men's Residential Treatment Unit - 1041 Portage Avenue

This 30-bed facility offers a 21-day residential treatment program, including individual and group counselling, film presentations, discussion groups, and lectures. Rehabilitation Counsellors remain involved with discharged clients on a follow-up basis for approximately two years. Throughout the treatment process, links are established with various self-help and community groups for continued support.

Women's Centre for Substance Abuse - River House

River House is a 15-bed residential treatment facility which offers group and individual counselling, lectures, films and discussion groups. The program focuses on issues specific to women and recovery. Rehabilitation counsellors remain involved with discharged clients on a follow-up basis for up to two years. During the rehabilitation process, links are established with various self-help and community groups for continued support.

Non-residential Treatment Programs

Non-residential treatment programs are available to persons who are addicted to alcohol and other drugs, but who have sufficient community resources and supports in place to maintain daily routines without entering the more intensive residential treatment setting. The program offers two months of individual counselling, group sessions, lectures, films and discussion groups. Following this portion of the program, counsellors remain in contact with clients on a follow-up basis for approximately two years. Throughout the rehabilitation process, links are established with various self-help groups for continued support.

Day Treatment Program

This program is designed for persons who do not require treatment in a residential setting, but who do require more intensive programming than provided by the Non-residential Treatment program. The Day Program consists of 14 days of intensive programming during the day, a three-month aftercare component, and up to two years of follow-up services.

Affected Persons Program

The Affected Persons Program provides education and support to persons who are affected by the chemical use of a family member or friend. Group and individual counselling sessions are available.

Family Services Program

The AFM treatment client is part of a family, be it a traditional nuclear family, or other grouping of people serving the functions of a family. Recovery of one member affects other members of the family. The Family Services Program offers group-oriented supportive and psycho-educational and experiential services to people coping with the chemical dependency of friends, relatives or other significant people in their lives. The primary target audience is the family and significant others of clients currently in AFM treatment. The program consists of (1) informal peer discussions in a therapeutic environment, (2) goal-setting interview with the Family Services Worker, (3) special needs conferences with professional staff, (4) lecturette and/or experiential process session, (5) aftercare planning, and (6) therapeutic reading assignments and pamphlets.

Youth Intake and Assessment Services

Young people are assessed on the basis of their drug use history and referred to appropriate resources, such as a Foundation program, external agency, or self-help group.

Youth Non-residential Treatment

This is a three-week individual and group counselling program, followed by aftercare for six months to two years. The program helps adolescents to recognize their dependency on alcohol or other drugs; learn how chemical dependency affects them; to understand their emotions and how to cope with them; and how to make changes in their lives to live chemical-free. During the treatment process, links are established with various self-help and community groups.

Impaired Drivers Program (IDP)

Assessment Services: *An assessment to determine the significance of an offender's chemical use and whether or not the offender requires a referral to the Educational Workshop, High Risk Program or Treatment Program. With the offender's authorization, assessment results are reported to the Division of Driver and Vehicle Licensing.*

Educational Workshop: *A one-day workshop which provides accurate information concerning the use of alcohol and drugs, how chemical use affects driving and impaired driving laws. Participants are required to examine their own drinking and driving patterns and encouraged to identify alternatives to driving impaired.*

High Risk Program: *A three-month program of interviews and group sessions to assist clients to increase their knowledge about their own chemical usage and to develop a plan of action to address their specific risk or problem issue.*

Total abstinence is required for the first six months of the High Risk Program and other treatment objectives are established utilizing individualized Involvement Agreements.

Treatment Programs: *Offenders are referred to either a residential or non-residential program dependent upon the severity of the problem and their ability to access the*

program, as well as community supports.

Non-Residential Treatment Program: A minimum of 20 hours of treatment over a three-month period accompanied by an additional three months of follow-up. The program offers individual and group counselling sessions and focuses on problem-solving and effecting change in the client's life.

The program is for persons convicted of impaired driving offences who are seeking re-licensing. The program is operated on a fully cost-recoverable basis. Clients are required to pay a fee of \$225.00 at the time of assessment.

Prevention and Education Programs

Satellite Services

Winnipeg Region involves staff located in rural communities. These staff provide non-residential treatment, prevention, education and impaired driving services from office locations in Selkirk, Gimli, Beausejour and Portage la Prairie to surrounding areas.

Youth High-Risk Program

This program is available to adolescents experiencing difficulties associated with alcohol and other drug abuse. The program provides information and education to increase knowledge of the harmful effects of chemical dependency, and assessment of young clients' further treatment and rehabilitation requirements.

"Tuning In To Health" (TITH)

TITH is a preventive drug education program available in both French and English, and recommended by Manitoba Education for use with the Chemical Use Section of the Manitoba Health Education Curriculum.

"The Early Years" (Grades 2 to 3). Examines issues surrounding hazardous products and medicines.

"The Middle Years" (Grades 4 to 6). Examines issues such as drugs and decision-making; drugs and influences and smoking.

"Junior High" (Grades 7 to 9). Examines alcohol, tobacco, prescription and over-the-counter drugs, and other drugs, dealing with issues associated with the non-use of these substances.

Community Education Unit

The Unit offers a variety of training courses available to the general public, professionals, para-professionals and students. A complete course calendar is available which outlines such courses as Counselling Alcoholic Clients, Group Skills for Addictions Counsellors, Native Training Program in the Prevention and Treatment of Alcoholism and many others.

The Community Education Unit also provides sessions on an occasional service request basis, and will develop and present training on specific topics for specific audiences.

Parent Intervention Program

A program designed for parents who are concerned about their child's use of mood-altering substances. The program explains the Alcoholism Foundation of Manitoba's youth programs, and helps parents to understand how a child's drug use and related behaviours impact on the entire family. The program also assists parents in identifying the symptoms of chemical dependency and introduces them to other available community supports. The program is conducted over four evenings on a monthly basis.

"Kids & Drugs" Parents Program

This program is designed for parents and persons working with young people who are interested in preventing alcohol and other drug problems. The program provides information about drugs and their use; examines the skills for preventing drug use; and helps parents to develop prevention goals, plans and activities. A Facilitator's Training program is available to volunteer leaders.

One to One Program

A week-long live-in leadership training program for peer support in high schools which aims to provide participants with the skills and confidence they need to help other students resolve personal and family difficulties, and to

promote responsible attitudes toward these problems in the schools and communities. The program is open to a maximum of 60 students throughout the province.

Employee Assistance Programs (EAPs)

The Foundation assists employers in establishing programs to help employees whose work performance has deteriorated due to dependency on alcohol, other drugs or personal problems. Establishing an EAP requires the cooperation of labour and management in identifying distressed employees, encouraging them to seek help, and ensuring they gain access to the services which are required.

Services for Seniors

Services are designed to help educate seniors about drugs and the effects of aging on drug use. The program examines problems associated with drug use as it affects the seniors; alcoholism in seniors; how to gain the greatest benefit from a visit to the doctor; the role of the pharmacist; and how medically required drugs can be taken safely to the benefit of the user. The Foundation also offers education/awareness sessions to individuals working with seniors.

Correctional Services

Chemical Dependency Awareness services are provided to inmates of Stony Mountain Penitentiary and the Rockwood Institution through a contract with Corrections Services of Canada. Contractor staff deliver a five-day alcohol and drug awareness program, followed by a skill development program and one-to-one counselling, for all new inmates. Inmates are also assessed and referred to treatment upon release.

Regional Highlights

Winnipeg Region hosted a "first of its kind" three-day Conference dealing specifically with women's issues. **"Women and Substance Abuse: Strategies for the '90s"** was held March 12, 13, and 14, 1990 and was attended by 250 health care professionals from across the country. The conference examined such subjects as gender differences in substance abuse, societal attitudes, treatment approaches, sexuality, isolation of rural women, EAP, and Adult Children of Alcoholics. Plenary Sessions were conducted by Sharon C. Wilsnack, Ph. D., Department of Neuroscience

School of Medicine, University of North Dakota; Sharon Seigel, Ph.D., EAP Consultant, Edmonton, Alberta; and Stephanie Covington, Ph.D., California School of Professional Psychology, LaJolla, California.

The **Youth Non-residential Program** implemented the use of two computerized assessment instruments: The Personal Experience Inventory (PEI) and the Personal Experience Short Questionnaire (PESQ). These instruments provide for a more comprehensive assessment of adolescent problems and are used specifically for confirming the needs of adolescents referred to residential treatment. PEI and PESQ have been tested extensively and validated throughout the United States and the AFM is among the first to use these instruments in Canada.

The **Youth Unit**, as part of the **Youth Intervention Strategy**, has counselling staff working in three Winnipeg area schools, two days per week and one counsellor in Selkirk for one day a week. The counsellors provide on-site counselling services to students and are assisting in the development and implementation of Student Assistance Programs. As part of this High School Pilot Project an education/awareness program, entitled Healthy Choices is being developed. Additionally, the AFM is represented on an inter-departmental working group with respect to school-based drug education.

Youth Unit staff were involved in the development and delivery of the 1989 **One to One -- residential leadership training program** for peer support in schools. Fifty-nine students from across the province attended the program June 24 to 30, 1989. With the assistance of the Kiwanis Club of South Winnipeg and the Pepsi Substance Abuse Foundation, the program will be offered to Manitoba students again in 1990.

In addition to the regularly scheduled courses conducted by the **Community Education Unit**, Unit staff have made specialized presentations such as: a workshop for City of Winnipeg Police recruits; revised and delivered the Drugs in Perspective Course for Department of National Defence personnel; revised various course components for inclusion in the Applied Counselling Certificate Program offered through the University of Manitoba; developed and delivered a credit course addressing multi-cultural teaching and counselling issues; a course on chemical dependency for Child and Family Services of Central Winnipeg; a course entitled Communicating with Aboriginal People was offered through the Civil Service Training and Development Branch and delivered to non-aboriginal civil servants; a presentation on Peer Support was delivered at the 10th Annual Native Education Conference; and three presentations on alcohol and drug abuse were delivered to child care students at Red River Community College.

The Foundation recognizes the merit of an age-specific service for older adults in Manitoba. Information presentations were made at the University

of Manitoba's Centre on Aging's Annual Spring Symposium; other information services were delivered to seniors along with consultation and networking services with agencies such as the Elders Health Program, Canadian Mental Health Association, Age and Opportunity Centre, Independent Living Resource Centre, Winnipeg Regional Housing Authority, Deer Lodge Centre Alzheimer Society, Creative Retirement, Manitoba Oddfellows Lodge, Discover Choices, Clinic Community Health Centre and involvement with the Seniors Peer Support Committee.

AFM staff also participated on the Psychogeriatric Project and the Management Committee of the Elders Health Program, and developed a Substance Abuse and the Elderly course for delivery in the University of Manitoba's Applied Counselling Certificate Program.

Foundation staff were also involved in the planning, organizing, development and field testing in Manitoba of the **National Steering Committee's: Driver Education Module, "Over The Line"**. Five sites were tested with the English version, one with the French version. Implementation of the material will occur in cooperation with the Manitoba Public Insurance Corporation in the fall of 1990. The materials will be available in both official languages.

Satellite staff from Beausejour, Gimli, Portage la Prairie, and Selkirk continue to respond to requests for public information services regarding the prevention, education and treatment of chemical dependency. Some of these activities included:

- the development and delivery of a workshop for nurses focusing on attitudes of caregivers and behaviour management problems;
- a Social Awareness Day was conducted at Stonewall Collegiate;
- a workshop on Youth, Drugs and Alcohol Abuse was presented to the Eastman Region Justice Committee to assist the members to develop greater awareness in identifying young offenders with alcohol or other drug problems, and how to refer them appropriately;
- a TITH Parent Awareness Session was offered in Ste. Anne;
- a session on attitudes and addiction for ambulance attendants in Pinawa;
- weekend Peer Leadership Programs were coordinated by Portage la Prairie staff for students from Carman and Portage area high schools;
- participation in a panel presentation at Arthur Meighen High School sponsored and coordinated by Portage Youth for Christ;
- making a presentation at the graduation ceremony for the Substance Abuse Program at Portage Correctional Institute.

Satellite program staff continue to deliver various community education courses and are involved in the planning of Drug Awareness Week

activities within various communities. Staff also provide non-residential treatment services throughout the Satellite area.

Employee Assistance Program consultative services, workshops and implementation of programs were provided to a number of organizations to help promote a better understanding of chemical dependency. These organizations included: St. Vital Teachers EAP, CPR, Manitoba Operating Room Nurses, South East Technical School, Red River Community College, YWCA/YMCA, Industrial Safety Conference; Knights of Columbus, Child Guidance Clinic, School of Pharmacy, Deer Lodge Centre and the RCMP. The final process in establishing EAPs at Fisher River Nursing Home and Boeing of Canada was carried out. Other activities included a six-session Chemical Dependency/EAP Awareness workshop Manitoba Liquor Control Commission managers; and referral agent training.

WESTERN REGION

Western Region provides services from offices located in Brandon, Ste. Rose du Lac, Dauphin, Minnedosa, Rosburn and Swan River.

Western Regional Advisory Board

The 13-member Western Regional Advisory Board is composed of interested and informed citizens representing Western Manitoba who act in an advisory capacity to the Western Regional Administrator and the Foundation's Board of Governors:

*Mr. Phil Cels, Chairman
Mr. Gary Brawn, Vice-Chairman
Mr. Don Hamilton, Secretary*

*Mr. Darryl Darling
Prof. Jack Deines
Ms Elizabeth Gibson
Ms Beverley Hicks
Pastor Ted Jannuska*

*Mr. Lawrence McInnes
Ms. Harlene McPherson
Deputy Chief Keith Buizer
Mr. Vern Sinclair
Mr. Joe Tanner*

The Advisory Board has actively participated in the design of a new facility for the treatment of alcohol and other drug abuse in Brandon and surrounding area. This project will continue to be a major activity as it enters the building phase during the next fiscal year.

The Advisory Board acts as an effective forum for discussions on local, provincial and national issues. Advisory Board members have attended major workshops including the AFM/University of Manitoba Summer School, Women and Substance Abuse Conference, and the Youth Leadership Conference: "Helping Me - Helping You" in Halifax, N.S.

Treatment Services

Residential Programs

Sun Centre (Brandon)

Willard Monson House (Ste. Rose du Lac)

Sun Centre operates a Primary Care Program for persons in the early stages of withdrawal from chemicals, and a 21-day Residential Treatment program. Willard Monson House offers a 21-day Residential Treatment program. Both facilities provide an aftercare program for clients, which assists in the client's reintegration into the community through the support of family, friends and community resources.

Non-residential Treatment Programs

Alcohol Treatment Workers in Rossburn, Minnedosa, Brandon, Dauphin and Swan River provide direct counselling services to clients in the Western Region. They liaise on an on-going basis with helping agencies, caregivers, community and health groups to ensure a high standard level of care for clients.

Impaired Drivers Program (IDP)

Counsellors in Brandon and Dauphin provide assessment, referral, education and treatment services to impaired drivers in the Western Region. As described in Winnipeg Region services, the IDP in Western Region includes assessment services, education workshops, high risk program, non-residential and residential treatment program referrals.

Prevention and Education Programs

Community Committees

Western Region staff are involved with community committees in Neepawa, Minnedosa, Russell, Shilo, Virden, Dauphin, Ste. Rose du Lac, and McCreary, developing a variety of activities to raise public awareness of alcohol and other drug abuse problems. These committees, whose membership includes local citizens and professional staff from many areas and who are interested in alcohol and drug prevention, were instrumental in mobilizing communities during National Drug Awareness Week 1989.

"Tuning In To Health" (TITH)

In-service teacher training and follow-up ensured that the program is being used widely throughout Manitoba. In 1989/90, 85% of Western Manitoba schools were using TITH in their curricula.

Training Programs

Alcohol and drug training programs were offered throughout the year with a special emphasis on school bus drivers, health care staff and Native constable target groups. Numerous alcohol and drug awareness sessions were conducted throughout the Western Region.

Youth Programs

Western Region staff provide presentations on alcohol and other drugs and organizational support to many youth groups, including Teens Against Drinking and Driving (T.A.D.D.), sponsored by the Manitoba Association of School Trustees. This group promotes activities to highlight the problems of impaired driving.

Employee Assistance Programs (EAPs)

The Western Region continues to assist organizations in establishing and maintaining Employee Assistance Programs. The Region assists organizations in establishing, maintaining and revising Employee Assistance Programs. At present, various organizations are reviewing their programs to ensure continued effectiveness.

Regional Highlights

New Brandon Facility

A 1987 building assessment of the AFM's Brandon residential treatment centre, concluded that Sun Centre was in contravention of a number of sections of the Manitoba building and fire codes. Options available to the Foundation included major renovations to the existing facility or relocation to a new facility. The latter was the most practical due to the high cost associated with the required renovations, (estimated at approximately two thirds of the replacement cost). During its April 3, 1989 review of estimates, Treasury Board approved the construction of a new facility in Brandon for the treatment of drug and alcohol abuse. During the 1990/91 fiscal year, the AFM, in conjunction with Government Services, will be working on locating property and drafting a functional analysis for the design.

A number of community committees (most notable Dauphin, Virden and Neepawa) have received National Drug Strategy funding under the Community Action Programs providing valuable services in community awareness and youth programming. One such project, Kids Interested in Staying Straight (K.I.S.S.) is a three-year project sponsored by the Parkland Alcohol and Drug Action Committee in Dauphin. Annual conferences are designed to provide students with skills to initiate community- and school-based programs to combat alcohol and other drug abuse problems. Dauphin staff are involved with the Committee and have facilitated presentations at the conferences.

Staff throughout the Western Region worked with other agencies to promote understanding of early case-finding and improve the quality of referrals. Regional staff work cooperatively with the Dauphin Lifestyle Committee, the Dauphin Suicide Action Committee, the Parklands Alcohol and Drug Action Committee, the John Howard Society Board, the Swan River Women's Abuse Committee, the Swan River Youth Justice Committee, the Brandon Youth Services Committee, the Manitoba Inter-Agency Council on Smoking and other health and crime prevention committees.

NORTHERN REGION

Northern Region provides services in the Thompson, The Pas, Flin Flon, Gillam and Leaf Rapids areas of Manitoba.

Northern Regional Advisory Board

The 13-member Northern Regional Advisory Board is composed of interested and informed citizens representing a given Region who act in an advisory capacity to the Regional Administrator and the Board of Governors of the Foundation:

*Mrs. Norma Leahy, Chairman
Ms. Anna Denby, Vice-Chairman*

*Mr. Ross Amell
Rev. Alan Armstrong
Ms Iva Chomyn
Const. Amanda Dodier
Mr. Ron Fields
Mayor Don MacLean*

*Mr. Blake McGrath
Mr. Cliff Rivers
Mr. Larry Soldier
Mr. Vic Wiebe
Mr. Henry Wilson*

*Mr. Murray Howell (resigned May 1989)
Ms Sharon Hay (resigned June 1989)
Mr. Alex Graham (resigned June 1989)
Mr. Neil Heywood (resigned July 1989)
Mr. Jim Sanders (resigned September 1989)
Ms Carol Hiscock (resigned December 1989)
Mr. Ron Nadeau (resigned December 1989)*

During 1989/90, the Advisory Board focused its efforts on recruiting new Advisory Board members and is involved in the Regional planning and objective setting exercise.

Treatment Services

Polaris Place

A 21-day residential treatment program, followed by aftercare, for clients who require intensive intervention due to chemical dependency. The program addresses the

addiction problem and the reintegration of the individual into the community through the support of family, friends and community resources.

An eight-bed half-way house is also located at Polaris Place, which provides a supportive, drug-free environment for chemically-dependent individuals actively involved in a personal recovery program. The half-way house assists these individuals in preparing for their return to the community.

Satellite Services

The Region has staff in The Pas, Flin Flon, Gillam and Leaf Rapids, providing non-residential treatment, Impaired Drivers Program services, and prevention and education programming.

Prevention and Education Programs

Impaired Drivers Program

Counsellors in Thompson and The Pas provide assessment, referral, education and treatment services to impaired drivers in the Northern Region. As described in Winnipeg Region services, the Northern Region IDP includes assessment services, education workshops, high risk program, non-residential and residential program referrals.

Training Programs

Prevention and education activities included the delivery of *Alcohol and Drug Awareness* sessions, *Orientation to the Foundation* sessions, teachers in-servicing for the *Helping People Excel* program (HOPE), *Peer Counselling, Recognition and Referral*, and *Management of Intoxicated and Disruptive Persons* courses.

The Region received numerous requests for public information services regarding alcohol and drug abuse prevention, education and rehabilitation. Staff were involved in facilitating a number of workshops, such as *Tuning In To Health* parents information sessions, *Chemical Dependency Intervention* courses, *Counselling Addicted Clients* and *Counselling Addicted Client Reflective Skills* workshops.

Employee Assistance Programs (EAP)

The Northern Region also assists organizations in establishing and maintaining Employee Assistance Programs. EAP training for approximately 360 INCO staff was held from March to May 1990. The Thompson General Hospital has updated its EAP program with EAP Committee and Referral Agents attending training sessions in January.

Youth Programs

Northern Region staff make presentations on alcohol and other drugs and support the activities of youth organizations in the area.

Regional Highlights

During the major fire crisis experienced in the North in July and August 1989, the Polaris Place residential treatment centre was used to house evacuees from northern communities. Staff were very active in ensuring the comfort of the evacuees as well as continuing the day-to-day activities associated with the running of the treatment centre.

The major **Drug Awareness Week** activity in Thompson was the presentation of a play titled "My Story", written and performed by Westwood Elementary School students. The play, based on a real life situation, documents a youth's own story about trying drugs as a way to "fit in". Once on the road of drug use, the play follows through with the attitude changes promoted by drugs and the danger drugs pose to the youth's future and life. The play was very well received by kids, parents and teachers and enjoyed extensive media coverage including the National news. Other activities included a mini-conference on drug awareness in Leaf Rapids and drug awareness presentations at the Scott Bateman Junior High School in The Pas.

Additional program sessions dealing with specific issues, such as assertiveness, male/female issues, Native culture, exercise and relaxation techniques have been added to the residential treatment program. A survey dealing with women's issues was recently completed and will lead to the implementation of a specific program for women in the near future.

A youth AA/NA group has been started in Polaris Place. On a trial basis, a twice-a-week youth group was run by a local Social Work student. These meetings were well attended.

A *Partners in Prevention* (PIP) test was held in Thompson February 23 to 25, 1990, with approximately 200 students attending. PIP Fests are

weekend programs for high school students, which emphasize alcohol and drug issues as they affect self-worth and the development of personal skills. The events are conducted in cooperation with local high schools, community organizations and AFM staff.

FINANCE UNIT

The Finance Unit plans, controls and operates the accounting, internal audit, budgeting, finance and purchasing systems of the Foundation.

The Finance Unit provides a full range of services to the organization in the areas of financial planning, accounting, purchasing and internal audit. In addition to the development and operation of the Foundation's financial systems, the Unit is also responsible for the management information system (MIS) program and administration of Federal/Provincial cost shared programs.

During the course of the year, a major undertaking for the Unit was an internal systems review associated with the Foundation's financial and payroll systems. The review consisted of a comprehensive needs assessment of requirements to improve the efficiency and effectiveness of existing systems. The implementation of the new systems will be undertaken early in 1990/91. The new systems will result in a fully integrated payroll and accounting system. In addition, it will provide additional information for analysis purposes, automated tracking of Federal/Provincial cost-shared program expenditures and employ Goods and Services Tax (GST) requirements.

The Unit also implemented an internal audit process during the fiscal year which was based on the recommendations of the Provincial Auditor. The Finance Officer position will conduct the financial and operational audits in order to ensure that the Foundation's systems are operating effectively and economically.

Disbursements (Unaudited)

Finance Unit	Actual 1989/90 \$	Estimate 1989/90 \$	Variance
	325,000	320,300	4,700

Note: This Unit has a complement of 4.26 staff years.

PERSONNEL UNIT

The Personnel Unit is accountable for the development, implementation and maintenance of a comprehensive human resource management program for the AFM.

As a result of the January 1990 reorganization, the Personnel Manager reports to the Executive Director. This reorganization resulted in some transference of responsibilities from the eliminated position of Director, Support Services.

Throughout the year, human resource services continued to be provided in the areas of labour relations, recruitment and selection, job analysis and evaluation, employee records, and human resource policy and procedure development.

This year Personnel Unit staff conducted workshops on employee benefits for all staff at their work locations. Personnel Unit staff participated in a joint review with other government agencies of the disability insurance benefit plan offered to staff and coordinated a review of requirements for the cataloguing and storage of archival material for the AFM.

Through the Workplace Safety & Health Committee, the Personnel Unit arranged for the "Quit" smoking program to be offered to all interested staff, and on direction of the AFM/MGEA Employee Assistance Committee, arranged for the EAP Referral Agents to meet with the committee to share experiences and participate in the objective setting exercise for this committee.

Disbursements (Unaudited)

Personnel Unit	Actual 1989/90 \$	Estimate 1989/90 \$	Variance
	382,300	340,000	42,300

Note: This Unit has a complement of 4 staff years.

DRUG AND ALCOHOL AWARENESS AND INFORMATION DIRECTORATE

The Directorate consists of components of the former Planning and Research and Support Services Directorates, both of which were disbanded in 1989/90. The common focus for this Directorate is the delivery of awareness and information services about drug and alcohol use, abuse and dependency. This focus is maintained and developed through the following units.

Research and Data Systems

The Research Unit conducts program evaluations, undertakes program-focused research, and coordinates the activities of external researchers involved with the AFM. The Unit also provides information and analysis of the programs and services of the AFM and its Funded Agencies. Client and program demographics are collected for all services delivered.

The Unit's responsibilities include:

The completion of program evaluations to improve the effectiveness and efficiency of treatment, prevention and education services. Major activities include: completion of evaluations of the Tuning In To Health Program and the Impaired Drivers Program; and initiation of the Residential Treatment Services and the Non-Residential Treatment Services program evaluations.

A new focus of the Awareness and Information Directorate, is the monitoring and review of research projects which is intended to extend the understanding and knowledge of use, abuse and addiction to chemical substances. Initial activities have been the review and approval of research projects undertaken by external researchers, collection of reports on relevant research projects, and limited undertakings of specific internal research activities.

The Uniform Data System, the Foundation's internal statistical data collection system, maintains a client database for the AFM and its Funded Agencies. Summary reports are made available to all programs on a quarterly basis. This information provides managers and supervisors with invaluable information on client caseloads and changing demographics. The Annual Statistical Review was completed and distributed to program staff of the Funded Agencies and the Foundation.

Awareness and Information Systems

The Awareness and Information Systems Unit is a new unit resulting from the reorganization. This Unit develops information systems and strategies which maintain and enhance communication among decision-makers, the general public, the addictions field, potential clients and the Foundation as a whole. The focus of the communication is on the use, abuse and addiction to chemical substances; issues and concerns in the field; and, the AFM and its services.

The Unit has focused its initial efforts on external communications with a media-based strategy and specific information materials.

Program Audit and Services Standards

This Project, begun in 1985, was to develop and implement service standards and a process for auditing those standards within the Foundation. The Project involves the participation of staff from all Regions of the Province to ensure consistent, uniform service delivery, and to provide a method for measuring compliance through the use of interdisciplinary audit teams.

Due to the corporate reorganization and temporary reallocation of resources, further activity on this project is delayed for this and next year.

William Potoroka Memorial Library and Information Services

The William Potoroka Memorial Library in Winnipeg has the province's most comprehensive collection of books and other publications on alcohol and other drugs. The Library houses over 3,500 books, 75 current journal and newsletter subscriptions, 325 audio-visual titles, over 100 vertical files containing newspaper clippings and various reference materials, and a wide variety of brochures and pamphlets on drug and alcohol issues and concerns. The Library is open to the general public, students and professionals throughout Manitoba, as well as Foundation staff.

The Library experienced an increased demand for services during the year. Staff distributed information packages on a wide variety of topics; published quarterly lists of new books and audio-visual materials; arranged

inter-library loans; and provided reference services and consultations on the development of book and audio-visual collections to schools, industry and other organizations.

Access to the Library's book collection is moving from card catalogues to a computer on-line catalogue. Those books shelved since 1983 to the present have been entered into the computerized library system. Computer generated catalogues of the collection were distributed to all Foundation locations in the province assisting staff in finding appropriate material and giving rural areas access to improved library services.

Disbursements (Unaudited)

Drug and Alcohol Awareness and Information Directorate	Actual 1989/90 \$	Estimate 1989/90 \$	Variance
	582,500	610,600	(28,100)

Note: This Directorate has a complement of 10 staff years.

STATISTICS

PUBLIC INFORMATION AND EDUCATION SERVICES

The Alcoholism Foundation of Manitoba provides an extensive range of information and education services for Manitobans. These services range from five-day intensive educational sessions for professionals, to seminars for employers and union representatives, to one- and two-hour awareness events for interested citizens and community groups. These services are provided by the AFM's Community Education Unit, Prevention Education Consultants and Rehabilitation Counsellors.

In 1989/90, the Foundation sponsored 803 information and education events attended by 19,073 participants. The types of sessions and the number of participants in attendance are shown in **Table 1**.

**TABLE 1:
INFORMATION AND EDUCATION SERVICES 1989/90**

<u>Type of Presentation:</u>	<u>Sessions Held</u>	<u>Participants</u>
<u>Staff Development Courses</u> (e.g. <i>Chemical Dependency Intervention, Counselling Alcoholic Clients, etc.</i>)	58	782
<u>Employee Assistance Programs</u> (Seminars for managers, employees and referral agents.)	110	943
<u>Structured Prevention Courses</u> (e.g. <i>Tuning In To Health (TITH)</i> teacher training, <i>Kids & Drugs</i> , <i>Women and Addictions</i> , etc.)	93	1,361
<u>Special Education Workshops</u> (e.g. Networking/Referral for Treatment, <i>Student Match</i> , etc.)	89	1,346
<u>General Information Sessions</u> (e.g. Alcohol awareness, prevention, education, etc.)	107	7,321
<u>AFM/University of Manitoba Summer School: Current Issues in Chemical Dependency</u>	1	225
<u>Special Projects</u>	83	1,355
<u>Occasional Service Requests</u>	262	5,740
TOTAL	803	19,073

As illustrated in **Table 2**, participants in AFM information and education programs represent diverse backgrounds and vocations.

TABLE 2:
INFORMATION AND EDUCATION PROGRAM PARTICIPANTS
1989/90

Teachers, Principals and Other School Personnel	2,283
Health Workers (nurses, physicians, other health professionals)	1,634
Justice System (Probation Officers, lawyers, institutional staff)	289
Social Agency Staff (child and family services, youth residential workers, manpower and other social agencies)	832
Addiction agency staff	267
Employee Assistance Program staff and corporations	895
Students	9,266
General Public	3,138
Clients	359
Clergy	110
TOTAL	19,073

TREATMENT SERVICES

Primary Care, residential treatment and non-residential treatment are three categories of treatment services for chemically-dependent persons provided by the Foundation. In the 1989/90 fiscal year, a total of 10,210 units of service were provided to a total of 5,755 individuals, excluding clients of the Impaired Drivers Program (see **Table 3**). One individual may receive more than one unit of service. For example, an individual admitted to the Primary Care unit and subsequently transferred to a residential treatment program and then to a non-residential program would account for three units of service (see **Table 3** and **Figure 1**).

TABLE 3:
TREATMENT SERVICES UNITS 1989/90

Treatment Services	AFM	Funded Agencies	Total
<u>Primary Care</u>	854 (10.3%)	-	854 (8.4%)
<u>Residential</u>	1,335 (16.1%)	1,721 (89.9%)	3,056 (29.9%)
<u>Non-Residential</u>			
- Youth	488 (5.9%)	-	488 (4.8%)
- Adult	5,619 (67.7%)	193 (10.1%)	5,812 (56.9%)
TOTAL	8,296 (100%)	1,914 (100%)	10,210 (100%)

In 1989/90, the funded agencies' admissions accounted for 18.8% of service units. The AFM's Northern, Western and Winnipeg Regions accounted for 4.2%, 12.7% and 64.3% service units respectively (see **Figure 2**).

Treatment Client Service Profile

Since 1979, the Foundation has operated a computerized data system for the Primary Care, residential and non-residential treatment services provided by both the AFM and the Funded Agencies.

Highlights from the data system for 1989/90 are summarized as follows:

1. The number of individuals and admissions to AFM programs increased by 4.6% and 2.8% respectively. The numbers of individuals and admissions decreased for Funded Agencies by 1.4% and 4.2% respectively. (Figures 3 & 4.)
2. By contrast, the number of service units decreased for both the AFM and Funded Agencies. In 1988/89, the AFM reported 8,512 service units, compared with 8,296 for 1989/90 (a reduction of 2.5%). Funded agencies reported a similar decrease, from 1,963 service units to 1,914, a reduction of 2.5%, also. (See **Table 3**.)
3. Thirty-five percent of the individuals receiving service in 1989/90 were women and 65% were men (see **Figure 5**). These proportions have remained relatively constant over the past five years.
4. In 1989/90, 62.8% of the treatment population was under 35 years of age and 8.4% of individuals served were under 17 years of age (see **Figure 6**). Although the percentage of individuals aged 35 or older has declined over the past five years, their numbers have remained relatively constant between 2,000 to 2,400 per year.
5. In 1989/90, 47.4% of individuals receiving treatment services were unemployed (see **Figure 7**). This proportion continues a slight downward trend over the past three years. By contrast, the proportion of employed persons showed a corresponding upward trend from 26.1% in 1986/87 to 32.4% in 1989/90. **Table 4** presents client employment status by gender. A review of the table reveals that there was a higher percentage of male unemployed clients (51.3%) than female unemployed clients (40.0%).
6. On a per capita basis, more individuals from Northern Manitoba (100.3 per 10,000) took part in treatment than from any other area of the province. The provincial average is 47.2 per 10,000. Rates for Winnipeg, Western and Central Regions were respectively 53.8, 33.2 and 25.2 per 10,000 population (see **Table 5**).

7. **Figure 8** presents a breakdown of client ethnicity by age. All three ethnic groups listed the highest age category serviced as 25-34 years. The Status Indian and Non-Status/Metis groups were over-represented, relative to the 'Other' group in the 18-34 age category.
8. In 1989/90, 33.9% of referrals to treatment services were either self-referred or referred by family or friends; 16.9% were referred from other chemical dependence treatment agencies, as part of the continuum of care. In addition, a total of 11.3% of clients were referred from one AFM program to another, while 17.1% were referred from the justice system (including law enforcement agencies, the courts, lawyers, the correctional system and the Division of Driver and Vehicle Licensing). The remainder of the referrals came from the health, education and social service systems, clergy, and from outside Manitoba.
9. 47.2 % of AFM clients reported that their family income was less than \$10,000 (see **Figure 7**). Only 22.4% reported having a family income over \$25,000. These Figures are adjusted to exclude missing data (N=1656).

IMPAIRED DRIVERS PROGRAM

The Impaired Drivers Program (IDP) is an assessment, education and treatment service, provided in cooperation with the Division of Driver and Vehicle Licensing, for persons convicted of impaired driving offenses. A total of 3,096 impaired drivers were assessed by the program in 1989/90. Of these, a total of 1,073 impaired drivers attended education workshop sessions and 38 were admitted to the IDP treatment program. A further 123 clients were referred to other AFM treatment programs. The number of assessments constitutes a 19.8% increase over the 1988/89 total of 2,585.

Figure 10 shows the monthly numbers of assessments for first and second offenders since April 1987.

WILLIAM POTOROKA MEMORIAL LIBRARY

Figure 11 indicates the number and type of services provided by the AFM's library.

TABLE 4:
1989/90 TREATMENT SERVICES BY CLIENT
EMPLOYMENT STATUS OF INDIVIDUALS ADMITTED BY GENDER

<u>Employment Status</u>	<u>Gender</u>		<u>Totals</u>
	<u>Male</u>	<u>Female</u>	
Employed Full Time	1,155 (30.8%)	426 (21.4%)	1,581 (27.5%)
Employed Part Time	154 (4.1%)	129 (6.5%)	283 (4.9%)
Unemployed	1,927 (51.3%)	797 (40.0%)	2,724 (47.4%)
Student Non- Vocational	234 (6.2%)	137 (6.9%)	371 (6.5%)
Student Vocational	83 (2.2%)	50 (2.5%)	133 (2.3%)
Retired	89 (2.4%)	35 (1.8%)	124 (2.2%)
Homemaking	12 (0.3%)	367 (18.4%)	379 (6.6%)
Other	101 (2.7%)	51 (2.5%)	152 (2.6%)
TOTAL	3,755 (100%)	1,992 (100%)	5,747* (100%)

*Data are unavailable for 8 clients.

**TABLE 5:
1989/90 TREATMENT SERVICES BY CLIENT
RESIDENCE LOCATION OF INDIVIDUALS ADMITTED AND
PROPORTION OF POPULATION SERVED, BY HEALTH REGION**

<u>AFM Region</u>	<u>H.S.D. Region*</u>	<u>Population**</u>	<u># of Cases</u>	<u>Per 10,000</u>
Central	Central	95,585	178	18.6
	Eastman	86,773	225	25.9
	Interlake	75,160	247	32.9
	Sub-Total	257,518	650	25.2
Northern	Norman	25,050	293	117.0
	Thompson	47,611	436	91.6
	Sub-Total	72,661	729	100.3
Western	Parkland	48,087	108	22.5
	Westman	118,767	446	37.6
	Sub-Total	166,854	554	33.2
Winnipeg		632,777	3,404	53.8
Manitoba Residents		1,129,810	5,337	47.2
Outside of Manitoba			314	
Not Applicable/ NFA***			68	
TOTALS			5,719+	

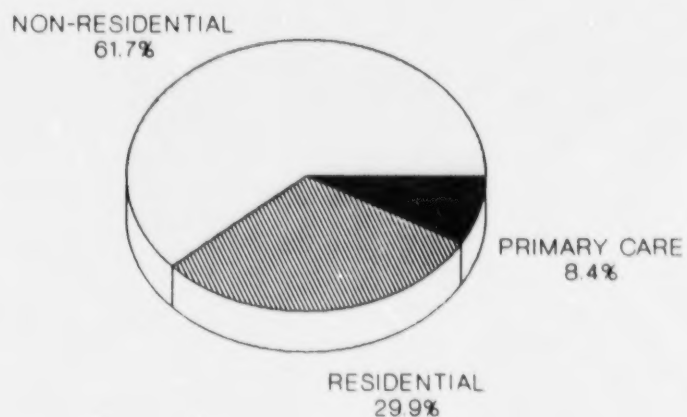
+ Data were unavailable for 36 clients.

* Includes 125 cases reported as being members of Native Tribal Councils rather than by AFM region of residence.

** Population of Manitoba by Health Region in June 1988 (Department of Health).

***No Fixed Address.

**FIGURE 1 - SERVICE UNITS
BY TYPE OF PROGRAM (1989/90)**



AFM REGIONS AND FUNDED AGENCIES

**FIGURE 2 - SERVICE UNITS
AFM Regions and Funded Agencies (89/90)**

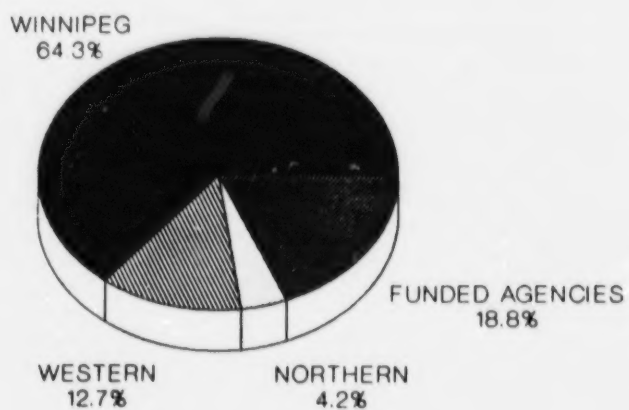


**FIGURE 3 - AFM OVERVIEW
TOTAL INDIVIDUALS & ADMISSIONS (1985-90)**

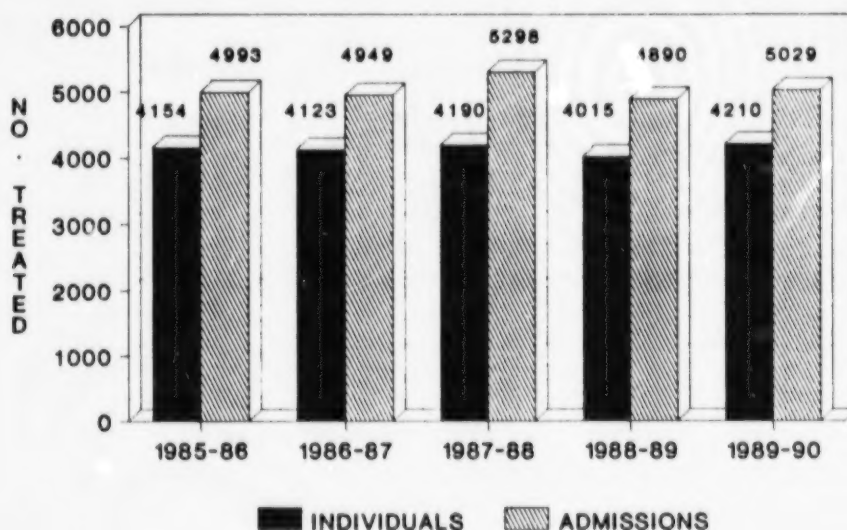
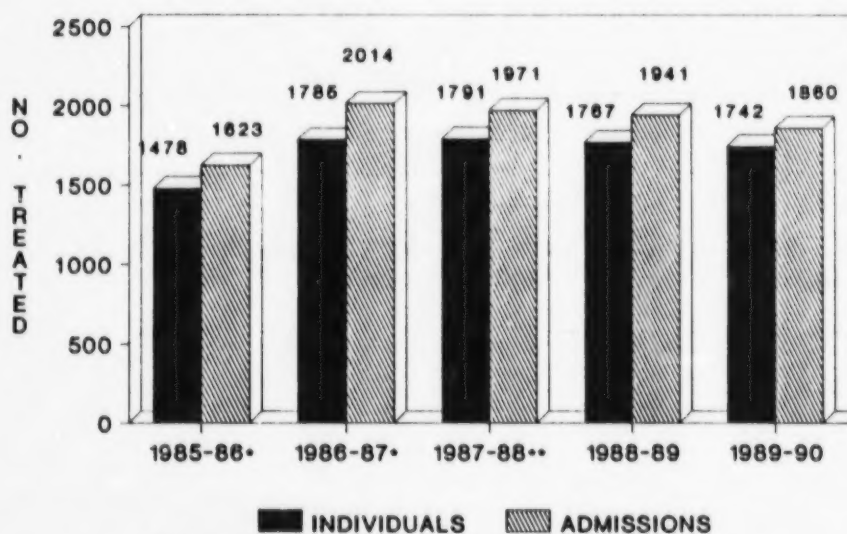


**FIGURE 4 - FUNDED AGENCIES CLIENTS
TOTAL INDIVIDUALS & ADMISSIONS (1985-90)**



Main Street Project (a funded agency until 86/87) not included
 ** Women Post Treatment Centre, started in 1987/88, included.

**FIGURE 5 - INDIVIDUALS RECEIVING SERVICE
BY GENDER: AFM/FUNDED AGENCIES (1985/90)**

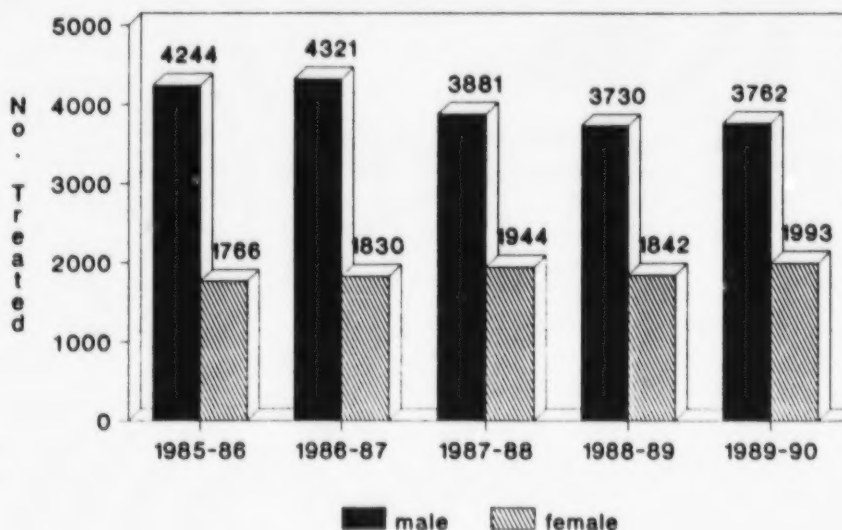
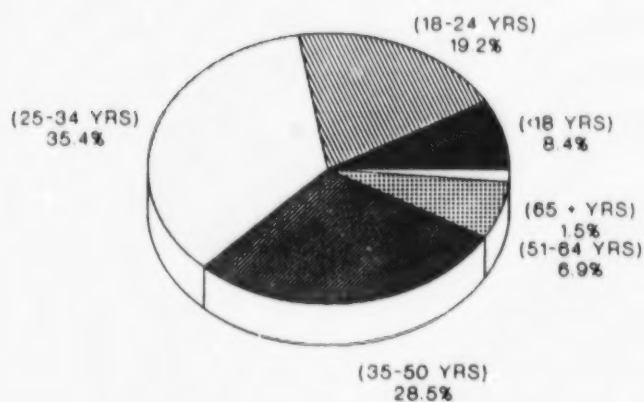
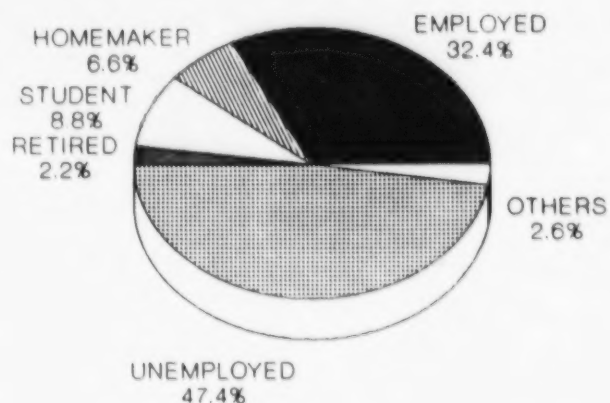


**FIGURE 6 - INDIVIDUALS RECEIVING SERVICE
BY AGE: AFM/FUNDED AGENCIES (1989/90)**



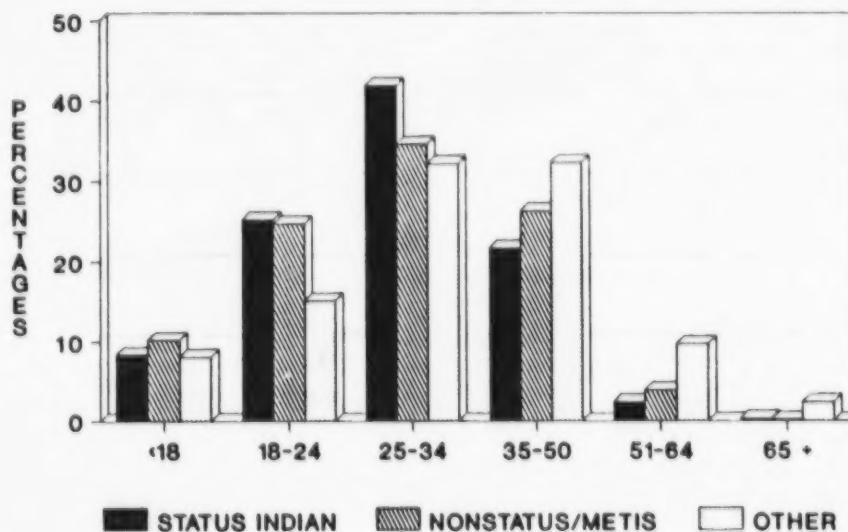
(N=5755, MISSING DATA=20 CASES)

**FIGURE 7-INDIVIDUALS RECEIVING SERVICE
BY EMPLOYMENT: AFM/FUNDED AGENCIES
(1989/90)**



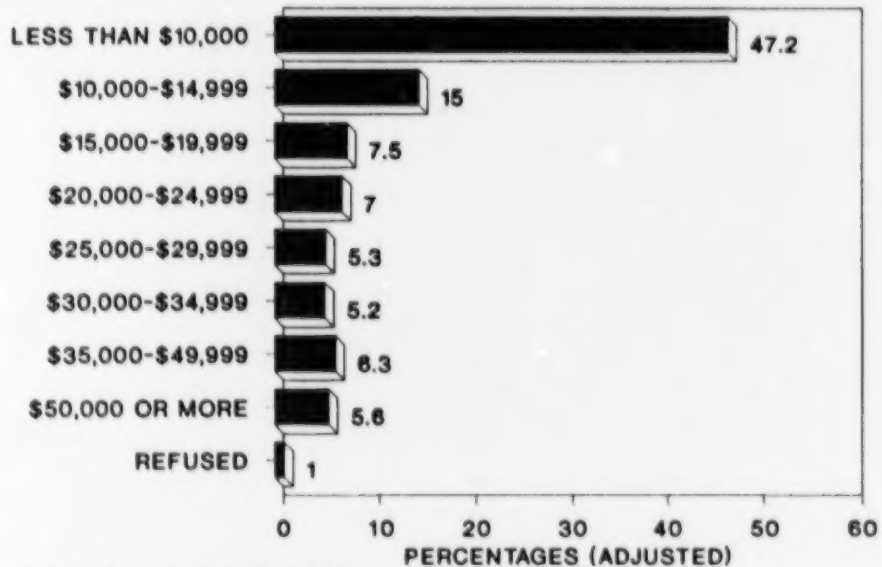
(N=5755, MISSING DATA=6 CASES)

**FIGURE 8 - INDIVIDUALS RECEIVING SERVICE
BY AGE/ETHNICITY: AFM/FUNDED AGENCIES
(1989/90)**



(N=5755, MISSING DATA=33 CASES)

**FIGURE 9 - INDIVIDUALS RECEIVING SERVICE
BY ANNUAL INCOME: AFM/FUNDED AGENCIES
(1989/90)**



(N=5755; MISSING DATA-1656 CASES)

**FIGURE 10 - IDP ASSESSMENTS
1ST & 2ND OFFENDERS APRIL 87 TO MARCH 90**

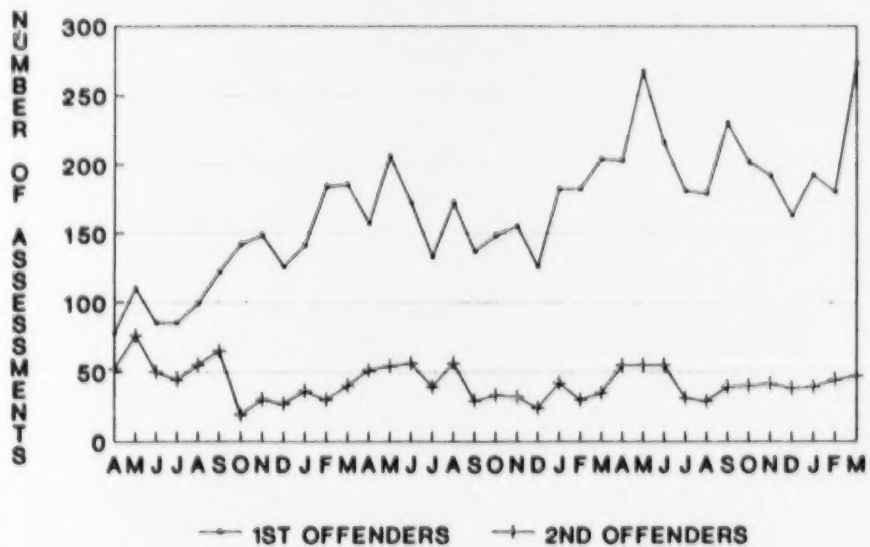
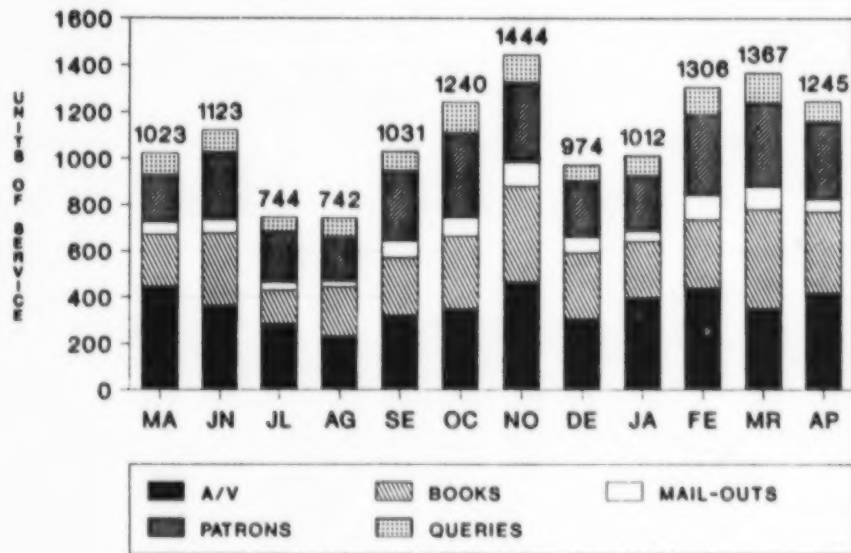


FIGURE 11 LIBRARY/INFORMATION SERVICES
ACTIVITY STATISTICS (MAY/89 - APRIL/90)



DIRECTORY OF AFM SERVICES

A complete Directory of Services including descriptions of services offered at each office location is available from the Foundation Library at 1031 Portage Avenue, telephone 944-6233.

WINNIPEG REGION

1041 Portage Avenue
Winnipeg, Manitoba
R3G 0R8
Telephone: 944-6200

1031 Portage Avenue
Winnipeg, Manitoba
R3G 0R8

Women's Centre for Substance Abuse:

River House
588 River Avenue
Winnipeg, Manitoba
R3L 0E8
Telephone: 944-6229

Christie House
586 River Avenue
Winnipeg, Manitoba
R3L 0E8
Telephone: 944-6229

Youth Programs:

100 & 124 Nassau Street
Winnipeg, Manitoba
R3L 2H1
Telephone: 944-6235

BEAUSEJOUR:

Provincial Building
1st Street
Beausejour, Manitoba
R0E 0C0
Telephone: 268-1411

Locations Served: Beausejour, La Broquerie, Lac du Bonnet, Niverville, Pinawa, Pine Falls, St. Pierre, Ste. Anne, Steinbach, Whitemouth and surrounding areas.

GIMLI:

Johnson Memorial Hospital
P.O. Box 449
Gimli, Manitoba
R0C 1B0
Telephone: 642-5162

Locations Served: Arborg, Ashern, Eriksdale, Fisher Branch, Gimli, Riverton, Stonewall, Teulon, Winnipeg Beach, and surrounding areas.

PORTAGE LA PRAIRIE

Box 1160
10 - 1st Street S.W.
Portage la Prairie, Manitoba
R1N 3J9
Telephone: 857-9711

Locations Served: Carman, Elm Creek, Eriksdale, Gladstone, Langruth, Long Plains, MacGregor, Morden, Portage la Prairie, Sandy Bay, Treherne, Westbourne, Winkler and surrounding areas.

SELKIRK:

Third Floor - 343 Main Street
Selkirk, Manitoba
R1A 1T3
Telephone: 785-2354

Locations Served: Communities in the rural municipalities of Selkirk, St. Andrews and St. Clements.

WESTERN REGION**BRANDON:**

Sun Centre
Box 1508
Brandon, Manitoba
R7A 6A6
Telephone: 727-6449

Locations Served: East from Brandon to Carberry; south to the U.S. border; west to the Saskatchewan border.

Paterson-Matheson House
Box 1508
Brandon, Manitoba
R7A 6A6
Telephone: 727-0468

Locations Served: Austin, Brandon, Carberry, Glenboro, Hartney, Pipestone, Reston, Shilo, Souris, Virden and surrounding areas.

DAUPHIN:

32 - 1st Avenue N.W.
Dauphin, Manitoba
R7N 1K7
Telephone: 638-9230 or 638-3523

Locations Served: Alonsa, Crane River, Dauphin, Fork River, Grandview, Ochre River, Roblin, Sifton, Winnipegosis and surrounding areas.

MINNEDOSA:

P.O. Box 40
Minnedosa, Manitoba
R0J 1E0
Telephone: 867-3849

Locations Served: Kelwood, Minnedosa, Neepawa, Onanole and surrounding areas.

ROSSBURN:

P.O. Box 399
Rossburn, Manitoba
R0J 1V0
Telephone: 859-2375

Locations Served: Foxwarren, Miniota, Rossburn, Russell, Sandy Lake, Shoal Lake and surrounding areas.

STE. ROSE DU LAC:

Willard Monson House
Box 490
Ste. Rose du Lac, Manitoba
R0L 1S0
Telephone: 447-2329

Locations Served: Manitoba.

SWAN RIVER

Box 1450
Swan River, Manitoba
R0L 1Z0
Telephone: 734-2030

Locations Served: Benito, Birch River, Camperville, Cowan, Lenswood, Mafeking, Minitonas, Pelican Rapids, Pine Creek, Swan River and surrounding areas.

NORTHERN REGION

FLIN FLON:

204-143 Main Street

Flin Flon, Manitoba

R8A 1K2

Telephone: 687-8218 or 687-8219

Locations Served: Cranberry Portage, Flin Flon, Sheridan, Snow Lake and surrounding areas.

GILLAM:

Box 250

Gillam, Manitoba

R0B 0L0

Telephone: 652-2288

Locations Served: Bird River, Gillam, Ilford, Limestone, Sundance and surrounding areas.

LEAF RAPIDS:

Box 225

Leaf Rapids, Manitoba

R0B 1W0

Telephone: 473-8684

Locations Served: Leaf Rapids, Lynn Lake, South Indian Lake and surrounding areas.

THE PAS:

Box 2039

#1 St. Goddard Avenue

The Pas, Manitoba

R9A 1L7

Telephone: 623-5489

Locations Also Served: Cormorant, Easterville, Grand Rapids, Moose Lake, The Pas and surrounding areas. The Impaired Drivers Program also serves individuals from the Cranberry Portage, Flin Flon, Sheridan and Snow Lake areas.

THOMPSON:

Polaris Place
23 Nickel Road
Thompson, Manitoba
R8N 0Y4
Telephone: 677-4541

Locations Also Served: Thompson and surrounding areas. The Impaired Drivers Program also serves individuals from Churchill, Cross Lake, Norway House and Wabowden.

OTHER SERVICES AND AFM FUNDED AGENCIES

The Foundation cooperates with self-help groups in the community such as Alcoholics Anonymous, Alanon, Alateen, Narcotics Anonymous, Families Anonymous, and with other health, social service and addictions agencies providing services to Manitobans.

The Foundation funds nine addiction agencies external to the Foundation. These agencies provide a range of services to persons experiencing the effects of the abuse or misuse of alcohol and/or drugs and assist them in the recovery process and re-integration into the community and workforce.

A brief description of the services provided by each of these agencies is outlined below:

ALCOHOL RECOVERY INC. (ARI)

ARI operates a post-treatment program for men and women located in two seven-bed half-way houses in Winnipeg. The Foundation contributes an annual grant equivalent to the salary and operating costs of one employee.

CHURCHILL HEALTH CENTRE ALCOHOL PROGRAM

The Health Centre offers a non-residential counselling service provided by the Outreach Services section of the Health Centre. The Foundation provides an annual grant equivalent to the salary and operating costs of one employee in the Chemical Dependency Program.

KIA ZAN INC.

Kia Zan operates a 12-bed chemical dependency treatment centre for adults located at 60 Balmoral Street in Winnipeg and offers a three-month program which includes counselling and follow-up services. The Foundation contributes approximately 75 per cent of Kia Zan's total annual operating budget.

NATIVE ALCOHOLISM COUNCIL OF MANITOBA (NACM)

NACM operates a 20-bed residential facility located at 160 Salter Street in Winnipeg which emphasizes Native cultural and spiritual components as part of a 28-day rehabilitation program. The Native Alcoholism Council also operates Outreach programs funded by the Federal Government's National Native Alcohol and Drug Abuse Program (NNADAP).

ROSAIRE HOUSE (THE PAS HEALTH COMPLEX)

Rosaire House operates a 20-bed three-week rehabilitation program. The facility is operated by The Pas Health Complex under the guidance of the Hospital Board. The Foundation provides funding for the facility's full annual operating budget.

SAGKEENG ALCARE CENTRE

Sagkeeng operates a 40-bed residential treatment facility located on the Fort Alexander Reserve. The Foundation contributes funds to support treatment beds for services provided to clients who do not reside on the Reserve. The principal funder is the Federal Government's National Native Alcohol and Drug Abuse Program (NNADAP).

SALVATION ARMY HARBOUR LIGHT CORPS

This organization operates residential treatment programs for men, women and couples. The program also includes a sub-acute detoxi-fication unit and a half-way house for men. A total of 63 beds are available for chemical dependency programs. The Foundation contributes approximately 20 per cent of the Corps' annual operating budget. Other external program funding sources include per diems from the City of Winnipeg.

ST. NORBERT FOUNDATION

The St. Norbert Foundation operates a 62-bed, three-month therapeutic community program for adults, couples and families. The program includes individual and family counselling, group therapy, and a work activity program. In addition, this agency operates a youth treatment program at its Lemay House facility. The Foundation contributes approximately 33 per cent of the total annual operating budget.

WOMEN'S POST TREATMENT CENTRE (WPTC)

The Centre operates a non-residential program at 256 Toronto Street. the program provides outpatient counselling to women who have been traumatized by sexual abuse and have developed a drug/alcohol addiction. The Foundation contributes approximately 33 per cent of the projected operating budget. Other program funding sources include Manitoba Community Services, Victims' Assistance Committee and various non-government services.

Disbursements

Funded Agencies	Actual 1989/90 \$	Estimate 1989/90 \$	Variance
Grants	1,837,700	1,837,700	-

ALCOHOLISM FOUNDATION OF MANITOBA

Unaudited Management Report

Met Disbursements Summary
for fiscal year ended March 31, 1990
with comparative figures for the previous fiscal year

Estimate 1989/90	Actual 1989/90	Actual 1988/89	Increase (Decrease)	Explanation Number
190,600	189,200	187,800	1,400	-
	Provincial Executive			
660,300	707,300	671,400	35,900	-
	Finance and Personnel Units			
610,600	582,500	638,400	(55,900)	-
	Drug & Alcohol Awareness & Information Directorate			
8,400,600	8,222,000	8,013,700	208,300	-
	Program Delivery Directorate			
1,837,700	1,837,700	1,774,400	63,300	-
	Funded Agencies			
11,699,800	11,538,700	11,285,700	253,000	-
	GROSS TOTAL			
1,014,800	1,234,300	1,045,800	188,500	1
	LESS: Recoveries			
10,685,000	10,304,400	10,239,900	64,500	-
	MET TOTAL			

Explanation Number:

1. The increase is primarily due to revenue increases associated with the Impaired Drivers Program - \$105,200, conference recoveries - \$44,700 and other general revenue - \$38,600.

ALCOHOLISM FOUNDATION OF MANITOBA

Five Year Met Disbursements and Staffing Summary (\$000)
for years ending March 31, 1986 - March 31, 1990

	A C T U A L					
	1985-86		1986-87		1987-88	
	SY	\$	SY	\$	SY	\$
Gross Disbursements	186.26	9,626.2	200.26	10,497.5	197.26	10,123.4
Less: Recoveries	-	322.1	-	431.7	-	806.5
Net Disbursements	186.26	9,304.1	200.26	10,065.8	197.26	9,316.7
					186.0	10,239.9
					183.0	11,538.7
					-	1,045.8
					-	1,234.3
					183.0	10,304.4



Manitoba

Office of the Provincial Auditor

THE ALCOHOLISM FOUNDATION OF MANITOBA

**Auditor's Report and Financial Statements
for the year ended March 31, 1990**



Manitoba

THE ALCOHOLISM FOUNDATION OF MANITOBA REPORT OF THE PROVINCIAL AUDITOR

We have examined the financial statements, being Exhibits A to D and Schedule 1, of The Alcoholism Foundation of Manitoba for the fiscal year ended March 31, 1990. Our examination was made in accordance with generally accepted auditing standards, and accordingly included such tests and other procedures as we considered necessary in the circumstances.

Note 4 reflects that the Foundation's unfunded pension liability as at March 31, 1990 was \$4,976,468 (1989 - \$4,238,689). Had this unfunded pension liability and the associated pension costs been recorded in the financial statements, the Foundation's liabilities would have increased by \$4,976,468 (1989 - \$4,238,689), the funds available for future operations would have decreased by that amount, and the Foundation's pension costs would have increased by \$737,779 for the year ended March 31, 1990 (1989 - \$699,066).

In our opinion, except for the failure to record the information referred to in the preceding paragraph, these financial statements present fairly the financial position of the Foundation as at March 31, 1990 and the results of its operations for the year then ended in accordance with the accounting principles as disclosed in note 2 applied on a basis consistent with that of the preceding year.

A handwritten signature in dark ink, appearing to read "F.H. Jackson".

F.H. Jackson, CA
Provincial Auditor

June 8, 1990
Winnipeg, Manitoba

THE ALCOHOLISM FOUNDATION OF MANITOBA

(Incorporated under the laws of Manitoba)
Balance Sheet as at March 31, 1990

	1990	1989
A S S E T S		
Cash	\$ 542,527	\$ 161,900
Accounts receivable	95,751	54,667
Prepaid insurance	10,437	15,097
Land and buildings (Note 2)	1,894,657	1,877,161
	<u>\$ 2,543,372</u>	<u>\$ 2,108,825</u>
L I A B I L I T I E S		
Accounts payable and accrued liabilities	\$ 31,792	\$ 33,703
CAPITAL AND RETAINED EARNINGS		
Capitalized land and buildings	1,894,657	1,877,161
Unexpended capital grant, Exhibit C (Note 6)	282,504	-
Retained earnings, Exhibit B	334,419	197,961
	<u>2,511,580</u>	<u>2,075,122</u>
	<u>\$ 2,543,372</u>	<u>\$ 2,108,825</u>

Approved by the Board:

Chairperson

Treasurer

EXHIBIT B

THE ALCOHOLISM FOUNDATION OF MANITOBA

Statement of Revenue, Expenditure and
Retained Earnings
Year Ended March 31, 1990

	1990	1989
Revenue:		
Government of the Province of Manitoba operating grant	\$ 10,385,000	\$ 10,297,400
Other revenue (Note 5)	1,275,296	1,024,758
	11,660,296	11,322,158
Expenditure, Schedule 1:	11,523,838	11,011,334
Excess of revenue over expenditure	136,458	310,824
Retained earnings (deficit), beginning of year	197,961	(112,863)
Retained earnings, end of year, Exhibit A	\$ 334,419	\$ 197,961

THE ALCOHOLISM FOUNDATION OF MANITOBA

Statement of Unexpended Capital Grant
Year Ended March 31, 1990

	1990
Government of the Province of Manitoba specific purpose grant (Note 6)	\$ 300,000
Architect fees	9,525
Legal fees	5,196
Other	2,775
	17,496
Unexpended capital grant, end of year, Exhibit A	\$ 282,504

EXHIBIT D

THE ALCOHOLISM FOUNDATION OF MANITOBA

Statement of Cash Receipts and Disbursements
Year Ended March 31, 1990

	1990	1989
Cash receipts:		
Government of the Province of Manitoba:		
Operating grants	\$ 10,385,000	\$ 10,297,400
Capital grant	300,000	-
Other	1,234,312	1,045,829
	11,919,312	11,343,229
Cash disbursements:		
Operating, including grants to external agencies	11,521,189	11,285,686
Capital	17,496	-
	11,538,685	11,285,686
Excess of receipts over disbursements	380,627	57,543
Cash, beginning of year	161,900	104,357
Cash, end of year	\$ 542,527	\$ 161,900

THE ALCOHOLISM FOUNDATION OF MANITOBA

Schedule of Expenditures
Year Ended March 31, 1990

	1990	1989
Grants to other agencies	\$ 1,837,700	\$ 1,815,455
Salaries	5,945,786	5,660,013
Wages	699,607	693,984
Advertising and exhibits	23,184	11,309
Audio-visual aids	27,561	32,260
Audit	5,135	5,055
Automobile	134,409	145,517
Board of Governors' honorarium	24,324	15,872
Books, newspapers and periodicals	25,686	20,295
Educational literature	73,889	92,449
Employee benefits	404,145	393,013
Fees	248,269	149,409
Food supplies	237,733	233,010
Furnishings and equipment	92,526	143,864
Health and post secondary education tax levy	148,325	144,239
Household supplies	80,919	80,490
Materials, repairs and maintenance	265,028	293,340
Medical services and supplies	130,919	99,664
Miscellaneous	24,630	21,246
Pension	108,153	69,430
Postage and telephone	195,723	177,298
Printing, stationery and office supplies	141,830	147,251
Property taxes	66,384	66,426
Rent and insurance	71,671	78,332
Research grants and evaluation projects	6,764	18,824
Staff development	62,215	49,606
Training	115,719	38,655
Transportation of patients	6,115	7,037
Travel	164,081	156,685
Utilities	155,408	151,306
Total, Exhibit B	\$ 11,523,838	\$ 11,011,334

THE ALCOHOLISM FOUNDATION OF MANITOBA

Notes to Financial Statements Year Ended March 31, 1990

1. Nature of the Foundation

The Foundation is incorporated under the Alcoholism Foundation of Manitoba Act. The Foundation is the provincial authority responsible for providing prevention and treatment programs related to chemical misuse and dependency to individuals and communities; for conducting research into the negative effects of substance abuse; and in so doing, for promoting the health and well-being of Manitobans. The Foundation is a registered charity within the meaning of The Income Tax Act.

2. Accounting Policies

The accompanying financial statements have been prepared in accordance with generally accepted accounting principles with the exceptions that:

- a) pension charges are reflected when paid and reciprocal transfers are reflected when received (explained in note 4),
- b) the costs of leasehold improvements, renovations, furniture, equipment and supplies are expensed in the year of purchase,
- c) there has been no provision made in the accounts for depreciation of buildings. The buildings were acquired with specific grant funds from the Government of the Province of Manitoba or donations. Land and buildings are valued at cost except for Matheson House, Brandon and Polaris Place, Thompson which are each recorded at a nominal value of \$1.

3. Lease Commitments

The Foundation leases buildings and equipment under long-term operating leases which expire at various dates between 1990 and 1995. Some of these leases contain renewal options at rates to be negotiated. The following is a schedule by years of future minimum rental payments required under operating leases that have initial lease terms in excess of one year, as of March 31, 1990.

1991	\$ 51,658
1992	29,774
1993	26,922
1994	16,998
1995	<u>1,986</u>
	<u>\$127,338</u>

THE ALCOHOLISM FOUNDATION OF MANITOBA

Notes to Financial Statements Year Ended March 31, 1990

4. Pension

Employees of The Alcoholism Foundation of Manitoba are pensionable under the Civil Service Superannuation Fund and make contributions at prescribed rates. The Foundation is required to pay 50% of the Fund's pension disbursements made to retired employees and these are charged to pension expenditures as paid. The Foundation records 50% of the pension benefit transfers under reciprocal agreement as other revenue when received. No provision is made in the accounts to fund current or past service costs but the Superannuation Fund is subject to a triennial actuarial review. The last valuation was at December 31, 1986. On the basis of an actuarial report, the estimated unfunded liability for the Foundation's employees amounted to \$4,976,468 as at March 31, 1990 (\$4,238,689 as at March 31, 1989).

5. Other Revenue

	<u>1990</u>	<u>1989</u>
Impaired drivers program fees	\$ 706,105	\$ 601,030
Recovery of wages, medical services and travel expenditures	100,635	88,060
Service contract	156,171	126,339
Training course fees	56,526	44,246
Donations	36,185	10,914
Pension benefit transfer under reciprocal agreement	-	45,655
Interest	66,083	50,020
Conference fees	49,300	-
Property rental	19,996	4,633
Miscellaneous	84,295	53,861
	<u>\$ 1,275,296</u>	<u>\$ 1,024,758</u>

Included in recovery of wages, medical services, travel expenditures and service contracts is \$147,848 (1989 - \$153,893) from the Government of Canada; \$14,792 (1989 - \$11,799) from the Government of the Province of Manitoba; \$69,166 (1989 - \$48,707) from the Manitoba Health Services Commission; and \$25,000 from the Manitoba Health Research Council (1989-\$0).

6. Province of Manitoba Capital Grant

During the year the Foundation received \$300,000 of a \$1.3 million grant for the construction of a new facility in Brandon.

THE ALCOHOLISM FOUNDATION OF MANITOBA

Notes to Financial Statements
Year Ended March 31, 1990

7. Comparative Figures

Comparative figures have been restated where necessary to conform with the presentation adopted for the current year.